## 2024 Virtual STAR-Center Conference May 10, 2024

### Will be held virtually via ZOOM

# INFORMATION TO BE INCLUDED IN CONFERENCE PROGRAM (Please complete and return to Jamey Covaleski no later than December 4th)

Name, Credentials,	Maria Silva
Position Title	Chief Operating Officer
Affiliation:	Allegheny Family Network

# Please Provide a Brief Bio (Also please attach a copy of your CV)

Maria Silva is the Chief Operating Officer at Allegheny Family Network, a Family Run organization providing Peer Support to families raising children with Behavioral Health Concerns. She is a Credentialed High Fidelity Wraparound Role Coach, has obtained Temple University Family Development Leadership Credential, and is a Certified Peer Support Provider from the Federation of Families. She completed training from William and Mary Law School Institute of Special Education Advocacy, trains NAMI Family to Family, coaches and trains agencies on Peer Support and Parent Engagement as well as other mental health and family related subjects. Since 1996, Ms. Silva has provided peer-to-peer crisis and emotional support to parents raising children with behavioral health concerns and cognitive disabilities in various roles and positions. Ms. Silva serves on the Peoples Oakland Board of Directors, on the ETUDES Steering Committee, frequently represents families and parent peer support at the Center for Public Service Psychiatry, University of Pittsburgh fellowship, and Serves on the SKIP for PA Investigative Team. Ms. Silva has served on the Allegheny County Mental Health/Intellectual Disability Advisory Board for over 10 years, was the Parent Tri-Chair on the Pennsylvania System of Care Partnership Evaluation Subcommittee and continues to serve on other advisory and parent boards representing families statewide.

Ms. Silva has raised four children, including a 29-year-old son with Prader-Willi syndrome, and a 32-year-old daughter with Bi-Polar Disorder. Through her professional career and personal calling, Ms. Silva continues to offer hope and leadership to families and staff as they journey towards acceptance, resiliency, and self-advocacy.

## Skill Development Workshop (1 hr. and 15 min session (includes Q&A)

**Title of Presentation** (As you would like it to appear in conference program) Parent Peer Support

**Description** (Please describe your presentation in 50 words or less as you would like it to appear in the conference program)

Interactive presentation and discussion regarding Parent Peer Support Partners as a critical part of the mental healthcare team. This presentation will highlight how adding a Parent Peer Support Partner will improve parent engagement and outcomes. Hear how Parent Peer Support Partners share their lived experience and skills to build trust, improve engagement and follow through, and teach appropriate self-advocacy skills.

Level of Presentation (Select one) (This applies to workshops only)

Introductory X_	Intermediate X	Advanced	
Learning Objectives: (Please list 3)			
At the conclusion of this session, participants should be able to:			
1. Appreciate the value of Parent Peer Support as a critical part of the team			
2. Understand how Parent Peer Support can improve family engagement and thus improve outcomes			
3. Understand what sets Parent Peer Support apart from other clinical services (sharing our story, truth with respect, no power over)			
TOD A CODEDITATIO	NA DANDO CEC DI EACE DD C	NAME	

#### FOR ACCREDITATION PURPOSES PLEASE PROVIDE:

Three (3) current (within the past 10 years) peer-reviewed publications that support the evidence base for the content of your presentation. (See next page).

Publications must be listed in American Psychological Association (APA) Style (see <a href="https://www.apastyle.org">www.apastyle.org</a> for more information).

## APA format for journal article citation:

Author last name, Author first initial. Author Second Initial. (Publication Year). Title of article. *Title of Journal. volume(issue)* (if issue numbered), pages.

- 1. Shalaby R, Agyapong V. (2020). Peer support in mental health: Literature review. *JMIR Ment Health* 2020. 7(6).
- 2. Hoagwood K, Olin S, Storfer-Isser A, Kuppinger A, Shorter P, Wang N, Pollock M, Peth-Pierce R, Howtiz S. (2017). Evaluation of a train-the-trainers model for family peer advocates in children's mental health. *J Child Fam Stud.* 27, 1130-1136.
- 3. Hoagwood K, Burns B J. (2014). Vectoring for true north: building a research base on family support. *Administration and Policy in Mental Health and Mental Health Services Research*. 41, 55–68.

If there is more than one presenter, please complete only one form and include information for each presenter. Please send a CV, COI form and AV form for each presenter.

Please e-mail your completed form, along with your CV, to me at <a href="mailto:covaleskijj@upmc.edu">covaleskijj@upmc.edu</a> by Monday, December 4, 2023